1. See General Regulations Governing Sporting Competitions.

2. Volleyball is conducted under the rules of the Volleyball Victoria Inc. **(including sanctions)** unless otherwise stated. Umpires will be provided by the AGSV/APS Offices.

3. All members of teams should wear a common uniform. First teams to wear numbers.

4. Net heights shall be: Open firsts **2.24m** All other divisions **2.15m**
   **a) Nets should be checked at the start of the day. Make sure they are tied to the poles and that the courts have antennas.**
   **b) Where possible, so that the net heights are correct, junior games are scheduled on set courts and intermediate games are scheduled on set courts (i.e. you don't have Intermediate games on courts where junior games are played.**

5. All matches will consist of the best of five rally point advantage sets. Up to 12 players may be used per game.

6. Time Allocation:

   a) First matches 5 sets Minimum 90 minutes playing time / no time allocation (i.e. Matches will be played to conclusion).

   b) Other levels 5 sets **60 minutes** time allocation, **5 minutes** Warm up and **50 minutes** playing time. **The set being played when time elapses will be counted if a team reaches 15 points with a two point advantage. If there is no two point advantage the score reverts to the result before the set started. No time out may be called in the last five (5) minutes of the game.**

   c) All games to use all the allocated time. Play a dead rubber to complete the time.

7. **Interchange of players**
   **a. The 12 Sub rule will be played and recorded on the official AGSV/APS scoresheet.**
   b. Substitution
   Where a team has seven players, six start and the seventh is the reserve (R).
   R substitutes for Player A
   A can only substitute back for R **THEN**
   R may substitute for B
   B can only substitute back for R
   * maximum of two substitutions per set per reserve
   * if a team has more than one reserve the same system applies for each
   c. Rotation

8. **Late Arrivals**
   A team must take the court if four or more players are present. A serve is forfeited when each missing player's turn to serve occurs.

9. **Balls: All schools must provide a F.I.V.B. approved indoor Volleyball for all First matches and below.**

10. Substitution: The 12 sub rules will apply for all matches.

11. **Umpires:** Two umpires to be appointed to first games. **Team scorer: For all Girls Firsts matches, a team is required to designate one (1) person each to score (sheet / digital display) and one (1) Line Referee.**

12. Optional **feedback report from coaches** (can be completed/submitted via these links):
    Firsts: https://form.jotform.com/232736998432873
    Below Firsts: https://form.jotform.com/232558746172867

13. **Redraws where required - Refer to General Reg 19 for method of calculation.**

14. **Semi Finals: Semi Finals will be conducted following the conclusion of the regular season.**
    **a. Win: 2 points; loss: 0 points.**
    **b. Should any two or more teams be equal on points please refer to General Regulation 19 for determination of ladder position.**
    **c. The format will be 1v4 and 2v3 with the winner of each match progressing to the Grand Final.**

15. **Grand Final/Premiership:**
    **a. The team finishing higher on the ladder at the end of the home and away season will have the opportunity to host.**
    b. **The 5th set will be determined by the first team to reach 15 points - must win by 2. The match shall continue until a result is achieved - e.g., 19-17 (as per all home and away season matches).**

16. APS Merit Team Selection:
An APS Volleyball Merit team will be selected annually. The APS Merit team will consist of up to 12 players (including a Libero) and will receive an APS Badge and certificate each.

| | | |
|---|---|---|
| Selectors: | 2027 | Caul & WC |
| | 2028 | WC & CY |
| | 2029 | CY & HY |