1. See General Regulations Governing Sporting Competition.
2. Rowing is conducted under the rules of Rowing Victoria (RV) unless otherwise stated and according to the APS Racing Code. **Zonal Umpiring will be implemented from 2024 onwards.**

3. **REGATTAS**

3.1 **Coaching during the race.**
All coaches should note that that the APS forbids any coaching from the bank whether by voice, using amplification, by radio or any other means. Offenders risk disqualification of their crew or removal of that crew from the race. It should be understood that the ethics of racing are that it is a race between the crews concerned and that coaches should leave it to the participants.

3.2 **Order of Entry:** Schools should enter all crews from the top down.
The top down entry for all crews occur according to the following existing divisions: Girls Open First VIII, Open Second VIII, Open Third VIII, Open IV.

3.3 Should First VIII Crews not be able to be separated on ranking at the Head of the Schoolgirls, then the results of the Victorian State Championships will be taken into consideration for seeding for The APS Regatta (Heads of the River).

3.4 From 2023 onwards, all Open 2000m events at the APS Regatta (Heads of the River) with between 4 and 6 entries race a Preliminary Event.

3.5 From 2023 the APS Girls and Boys Regatta (Heads of the River) race will alternate and the entire program schedule including the Presentations should reflect the change annually.

4. At The APS Regatta no crew may row before the proclaimed sunrise time. (2027: **7:21am**)

5. **Safety Officer:** At The APS Regatta (Heads of the River) Regatta, a Safety Officer be on the Course from 12.00 pm Friday, and from sunrise until 15 minutes before the first race on Saturday, with associated traffic management plans as part of the overall safety management plan.

6. **Presentation:** At the conclusion of The APS Regatta (Heads of the River) both winning crews will row to the landing for the Trophy Presentations.

7. **Invited Crews:** The APS Heads will determine the invitation of Girls' schools to participate.

CREW	RACE DISTANCE	PROGRESSION TO FINAL	REMARKS
1st & 2nd Open Girls Eights	2000m	First 6 ranked at HOSG (12-14 March 2027). First and Second Girls VIII have one Preliminary Race (race for lanes) for each division.	May row at Nagambie after 12 noon on Friday, 20 March, after Safety Boat has been deployed Schools are asked only to send Firsts and Seconds crews or next most senior crew to The APS Regatta (Heads of the River) on the Friday night before. No rowing before sunrise on Saturday 20 March. **(7.21am)**
Third Open Girls Eights	2000m	First and Final	
Fourth Open Girls Eights	2000m	First and Final	
Girls Year 10 Eights Div. 1 and Div. 2	1000m	First and Final	
Open Boys & Girls Single Scull	1000m	First and Final as appropriate according to seeding.	
Girls Open Four	1000m	First and Final or Divisions as appropriate according to seeding.	
Girls Year 10 Quads	1000m	First and Final according to seeding.	
Girls Year 9 Quads	1000m	First and Final according to seeding.	From 2023 Div. 1-10 Quads will be included in the programme.

THE APS REGATTA (HEADS OF THE RIVER)

SATURDAY 20 MARCH 2027
AT NAGAMBIE LAKES
COMMENCING AT 9.00AM

Regatta Referee:	Mr. Andrew N Guerin
Regatta Secretary:	Ms. Elizabeth G Ballan
Trophies:	Fairbairn Challenge Cup (1st VIII Boys), Geelong Ladies Challenge Cup (1st VIII Girls)
Preliminary Entries:	To the APS Sport Office by **Friday 29 January 2027**.
Firm Entries & Names:	To Rowing Victoria via RM (Rowing Manager) online entry by **Sunday Crew 7 March** (for printing of Program). Any crew changes by **Friday 19 March** for results
Seeding:	All Crews to be seeded on the results of The Head of the Schoolgirls Regatta. **Should First VIII Crews not be able to be separated on ranking at the Head of the Schoolgirls, then the results of the Victorian State Championships will be taken into consideration for seeding for The APS Regatta (Heads of the River).**
Rowing Victoria Draws:	To APS Chief Executive Officer & Chair of Rowing - **Monday 8 March.**
Events:	Other than 1st & 2nd Crews (Boys & Girls) Events with 6 or fewer entries will be First & Final only. **If two schools are entered in the lowest division in any Senior (Open) event, this event must be included in The APS Regatta program.**
Coxswains:	Coxswains of Girls First and Second VIII's are not required to weigh-in. Any crew may have a male or female Cox.
Boats and Oars:	**Year 10**: For 2023, the Division 1, 2 and 3 Four will be unrestricted, and deregulation will continue in this boat class at one division per year. Eg. In 2023 Division 1, 2, 3 and 4 will be unrestricted, in 2025 Year 10 Division 1, 2, 3, 4, 5 and 6 will be unrestricted etc. **Year 9:** For 2022 there will be 6 Quad Divisions (1 to 6), and this will increase at a rate of 2 per year. Eg. In 2022 there will be Divisions (1 to 8), in 2023, there will be 10 Divisions (1 to 10). The number of divisions for Fours will reduce over time.
1000M Crew:	All 1000m Crew, Coxes and Stroke to meet in the **Boat Shed** following the conclusion of the 1st VIII Heats.