1. See General Regulations Governing Sporting Competitions.

2. Diving is conducted under the rules of the Diving Victoria and AQUA unless otherwise stated.

3. For pools constructed after March 2010 the depth and area of water for a diving pool or pit is detailed on the 'AQUA Dimensions for Diving Facilities' table available at www.aqua.org. A one meter springboard requires a minimum water depth of 3.4m (3.5m preferred) while a 3m springboard requires a water depth of 3.7m (3.8m preferred) at plummet.

4. In any under age event, competitors must be under age on 1 April in the year of competition.
   Age Groups for Diving*:* U14, U15, U16, U17 and Open.

5. Participation limits
   a. A competitor may compete in five events in the Swimming and Diving programme. A competitor may not compete in the same event in more than one age group.
   b. Only one competitor from each school may compete in each division.

6. **Teams: In determining a Premiership for Diving, a team will consist of one entrant in each of U14, U15, U16, U17 and Open A division events.**

7. **Points:** Points are determined by the number of schools competing. With a two (2) point difference between 1st and 2nd in A Division.

   A.LEAD UP MEETS

Type of Meet	Points
4 School Meet	10, 8, 7, 6, 5, 4, 3, 2
3 School Meet	8, 6, 5, 4, 3, 2
2 School Meet	6, 4, 3, 2

   B. COMBINED SPORTS MEETING
   Based on the fact that up to 2 official divers will dive in each event per school.
   Points for the two divisions count to overall result.

   Combined Meeting Diving Points:
   A Division: 22, 20, 19, 18, 17, 16, 15, 14, 13, 12, Disqualification - 11, No competitor - 0
   B Division: 11, 10, 9.5, 9, 8.5, 8, 7.5, 7, 6.5, 6. Disqualification - 5.5 No competitor - 0
   The points for first place will have a two point differentiate. In Div. A 11 points and Div B, 5.5 points are allocated for a disqualification; no points allocated for a team who is deemed not to have competed.

8. **Diving**
   10 Diving events - U14, U15, U16, U17, Open. 2 Divisions (A & B) per age group.
   The B Division competition will be held before the A Division competition.
   Two competitors for the U14, U15, U16, U17 & Open Age Groups, and three dives per competitor, except for Open A who will have four dives per competitor.
   a. one compulsory dive (**the first dive can be either a 101 or a 103 in all Competitions**)
   b. two optional dives or three optional dives for Open A competitors.
   The three dives are to be different but do not need to be from different categories.
   Ranking is the total of the points given to each diver. Points then allocated as for A & B Division events. Divers must compete in the same order as listed in the program.
   For Lead Up meets: Schools are invited to provide B team competitors at the discretion of the Host school.
   For Combined Meeting – Diving Victoria be requested to provide a Judging Panel of **five** Judges (one of which can act as a Referee). If the DV cannot provide 5 judges then the difference will be made up by APS school-based judges, on rotation.
   Diving entries for the Combined Meeting stand as submitted unless changed prior to the start of the individual age group warm up.

9. **Staffing**
   a. Each school shall provide two officials (two staff/students will be sufficient).
   b. The host school will be responsible for:
      * appointing a referee - preferably a referee from SV;
      * providing a lifesaver and first aid;
      * keeping tally of results, announcing progress scores, forwarding final results to schools;
      * a diving marshal (to ensure the next competitor is ready).

10. Organising schools

	Diving
2027	Caul & WC
2028	WC & CY
2029	CY & Caul

11. **The APS Combined Diving Meeting** will be held at the Melbourne Sports & Aquatic Centre on **Thursday 11 March. First Event at 11.00am.**

APS GIRLS' DIVING PROGRAMME & RECORDS

No	***Event***	***Record***	***Year***	***Holder***
2. & 4.	U14 Diving B & A Division	139.50	1996	A S Zoland, Wesley
6. & 8.	U15 Diving B & A Division	156.80	1996	M Roberts, Wesley
10. & 12.	U16 Diving B & A Division	166.25	1998	L K Ischia, Carey
14. & 16.	U17 Diving B & A Division	158.75	1999	L K Ischia, Carey
18. & 20.	Open Diving B & A Division	261.50	2025	L C Dovison, Caulfield