

APS JUNIOR SECONDARY COMBINED ATHLETICS MEETING

at Lakeside Stadium on Wednesday 14 October 2026

Starting time: 9.30 am
Finishing time: 12.30 pm

PROGRAMME

TRACK EVENTS ↓

Time	Age group		Event	Div.	Number of competitors
9.30	U14 G	Straight	80m Hurdles	A	2 each grade
	U14 B	Straight	90m Hurdles	A, B	1 each grade
	U15 G	Straight	90m Hurdles	A	2 each grade
	U15 B	Straight	100m Hurdles	A,B	1 each grade
	U14 G	Circle	800m	A	3 each grade
	U14 B	Circle	800m	A,B	2 each grade
	U15 G	Circle	800m	A	3 each grade
	U15 B	Circle	800m	A,B	2 each grade
10.00	U14 G	Straight	100m	A - C	2 each grade
	U14 B	Straight	100m	A - J	1 each grade
	U15 G	Straight	100m	A - C	2 each grade
	U15 B	Straight	100m	A - J	1 each grade
10.50	U14 G	Circle	200m	A - C	2 each grade
	U15 G	Circle	200m	A - C	2 each grade
	U14 B	Circle	200m	A-I	1 each grade
	U15 B	Circle	200m	A-I	1 each grade
10.50	U14 B	Circle	1500m	A	2 each grade
	U15 B	Circle	1500m	A	2 each grade
	U14 & 15 G	Circle	1500m	A,B	2 each grade
11.35	U14 G	Circle	4 x 100m	A	2 each grade
	U14 B	Circle	4 x 100m	A - C	1 each grade
	U15 G	Circle	4 x 100m	A	2 each grade
	U15 B	Circle	4 x 100m	A - C	1 each grade
12.05	Open G	Circle	4 x 400m	A	2 each grade
	Open B	Circle	4 x 400m	A	2 each grade

FIELD EVENTS ↓

Time	Age group	Event	Div	Number of competitors
9:30	U15 G	Triple Jump	A	2 each grade
9:30	U15 B	Discus	A	2 each grade
9:30	U14 B	High Jump	A	2 each grade
9:30	U14 B	Shot Put	A	2 each grade
9:30	U14 G	Long Jump	A	2 each grade
10:15	U15 G	High Jump	A	2 each grade
10:15	U15 G	Shot Put	A	2 each grade
10:15	U14 G	Discus	A	2 each grade
10:15	U15 B	Triple Jump	A	2 each grade
10:15	U14 B	Long Jump	A	2 each grade
11:00	U15 G	Long Jump	A	2 each grade
11:00	U14 G	Triple Jump	A	2 each grade
11:00	U15 B	High Jump	A	2 each grade
11:00	U15 B	Shot Put	A	2 each grade
11:00	U14 B	Discus	A	2 each grade
11:45	U15 G	Discus	A	2 each grade
11:45	U14 G	High Jump	A	2 each grade
11:45	U14 G	Shot Put	A	2 each grade
11:45	U15 B	Long Jump	A	2 each grade
11:45	U14 B	Triple Jump	A	2 each grade

Please Note: COMPETITORS SELECTED FROM YEARS 7 & 8 ONLY

Lanes for HURDLES & 100m

	1	2	3	4	5	6	7	8	9	10
GIRLS			CAUL	WC	HY	CAUL	WC	HY		
BOYS			HY	WC	XC	CAUL	MGS	SC	SKC	BGS

Lanes for 200m, 4 x 100m

	1	2	3	4	5	6	7	8
GIRLS			HY	CAUL	WC	HY	CAUL	WC
BOYS	SC	MGS	CAUL	XC	WC	HY	BGS	SKC

Lanes for 800m, 1500m, 4 x 400m

	1	2	3	4	5	6	7	8
GIRLS	WC	HY	CAUL	WC	HY	CAUL		
BOYS	WC	HY	BGS	SKC	SC	MGS	CAUL	XC

Order for Field Events

	1	2	3	4	5	6	7	8
GIRLS	CAUL	WC	HY	CAUL	WC	HY		
BOYS	SKC	SC	MGS	CAUL	XC	WC	HY	BGS

Luke Soulos
Chief Executive Officer,
APS Sport
14 September 2026