

# APS Cross Country, Round 6 2026

## Saturday August 8

### Yarra Bend Fairfield, T.H Westfield Reserve (Melway Map 30, H12)

T.H Westfield Reserve, is part of Yarra Bend Park. The reserve is at the junction of Heidelberg Road and Yarra Bend Road

#### Race Start Times:

|                            |         |                |
|----------------------------|---------|----------------|
| Boys Junior & Intermediate | 9:30am  | 3.8km (2 laps) |
| Under 15 & Open Girls      | 10:00am | 3.8km (2 laps) |
| Open Boys                  | 10.40am | 5.7km (3 laps) |
| APS Presentations          | 11.15am |                |

#### Course Map:

Attached to this document.

#### Course:

The park is booked for the purpose of this event however we do not have exclusive use. Course marshals, painted lines, coloured cones & ground markings will be used on the track to designate the correct course for all races. Marshals and signage will warn park users that runners are on the track. All athletes, however, should be alert to public usage, and be reminded that they must give way, if required

All competitors are required to remain within the confines of the park when running and no runner will be permitted to run on the road. This particularly applies to the section of the course down Yarra Bend Road.

#### Uniform:

Competitors are to wear official school competition uniforms and footwear must be worn.

#### Footwear:

Spikes are not recommended for this course due to the mix of hard gravel and dirt through the majority of the course. Athletes may still bring both runners and spikes and make a decision on the day.

#### Tents:

Marquee and tents are to be erected on the grass next to Heidelberg Road on the inside of the running track (Marked on Map). **Pegs are not permitted** and tents must be weighted down.

#### Rubbish:

Each school is to ensure that their area is cleaned and all rubbish taken with them following completion of the event.

#### Change room:

There are no changing facilities. The public toilets are on Yarra Bend Road and Fairfield Park Drive. Additional portable toilets will also be available.

#### Parking:

Limited parking is available on Yarra Bend Road. The start and finish will be at the Heidelberg Road end of the reserve.

Buses are not permitted to park along Yarra Bend Road at any stage. All buses must park in designated bays away from roads and not on grassed areas.

Parking is available along Fairlea Road, the bottom of Yarra bend Road and along Yarra Bend Road opposite the Park Offices.

#### Results:

St. Kevin's College will marshal the finish area. APS Sport will distribute results following the meet.

#### Rules/Draw:

2026 APS Cross Country regulations are available at <http://www.apssport.org.au>

#### First Aid:

Event Medical Services will provide first aid and will be located at the Start/Finish area.

#### Host Schools:

Scotch College (Sam Millar) and St. Kevin's College (Nick Baff)

APS Cross Country - Yarra Bend

Open Girls - 2 x(1.8km Laps)  
Jr/Int Boys - 2x(1.8km Laps)  
Open Boys - 3x(1.8km Laps)

