

1. See General Regulations Governing Sporting Competitions.
2. Netball is conducted under the rules of **Netball Australia** unless otherwise stated. **Note: The rule regarding the Primary Carer will not apply in the AGSV/APS Netball competition.**
3. The home school will provide umpires for all games, unless appointed by the APS office.
4. Each team will provide its own ball which must comply with NA specifications.
5. **Scoring:** The home team is the official scorer and shall provide the official score sheet. Visiting school may provide a scorer and if so, will sit with the official scorer and confer scores at the end of each quarter. Should there be a discrepancy, only by consent of the two (2) umpires, the TIC Netball or venue convenor, can the score be rectified.
6. **Uniform:** schools should ensure their netball teams are in the school uniform. This may consist of a netball dress, long or short sleeved shirt or skirt in the school uniform. Bottoms, head or face coverings should be a designated block colour to match the uniform. The top should allow the positional bib to be seen clearly. Leggings/skins should be either black, white or a block colour to match the uniform.
7. **Coaching:** Coaching is permitted from the sideline provided the coach is stationary (outside the court). Coaching is permitted during any stoppage by a Team Official.
8. Misconduct of player/s during a match shall be dealt with by the umpires, following NA protocol.
9. Full height goal post padding is to be in place on all courts.
10. It is customary at the end of the game for each captain to call for three cheers for the other team and the umpires.

First Teams:

1. No matches should commence before 8.30am
2. The APS Heads recommend Firsts matches be played on indoor courts.
3. All schools will provide a warm-up space for at least 30 minutes before match start time.
4. **Umpires:** Schools will source and appoint only A or B current accredited umpires for all First matches.
5. The visiting school will provide one non-playing scorer, who will sit at the score bench/table.
6. Players names, initials and positions are to be shown on the scoresheet.
7. **Timing:** 4x15 minute quarters, with a five (5) minute half-time interval and three (3) minutes for quarter and three-quarter time. Teams shall change ends each quarter. An interval may be altered by the coordinator to deal with an emergency.
8. All injury/illness stoppages which include blood, will be up to 30 seconds and the player concerned must leave the court.
9. **Interchange:** up to 5 interchange players are allowed per team.
10. **Rolling Substitutes:**
 - a. **Substitutions may be made during play. There is no limit to the number that can be made, and more than one substitution may be made at the same time. Play will not be held for a substitution to be made.**
 - b. **For a substitution during play:**
 - i) **The substitute(s) stands immediately behind the substitution zone on the relevant team bench side.**
 - ii) **Before making the substitution, the substitute tags hands with the player leaving the court.**
 - iii) **Players must observe the offside rule as they enter/leave the court and must not interfere with the umpire's movement during the substitution**
11. **Match attire:** Players may not wear anything that could endanger themselves or other players, specifically:
 - a. No adornment or jewellery may be worn.
 - b. A medical alert bracelet may be worn provided it is covered by tape.
 - c. Fingernails must be cut short and smooth (Taping of nails is not allowed)
 - d. Long hair must be suitably tied back so player positions (bib) can be clearly seen.
12. Morning tea for teams will be provided by the home school. (Unless restrictions apply)
13. **Semi Finals: Semi Finals will be conducted following the conclusion of the regular season.**
 - a. **Allocation of Premiership points - Win: 2 points; Draw: 1 point; Loss: 0 points.**
 - b. **Format: The format will be 1v4 and 2v3 with the winner of each match progressing to the Grand Final.**
 - c. **Should any two or more teams be equal and have played each other, the team winning that contest shall take precedence. Where teams are equal on Premiership points refer to General Regulation 17 for method of calculation to separate teams.**
 - d. **Extra Time: In the event of a tied result at the conclusion of regular time in the Semi Final, two additional periods of five (5) minutes each shall be played. Teams do not change ends from the last quarter during the first period of additional time. If scores remain level thereafter, the team that finished higher on the ladder at the end of the home and away season will progress to the Grand Final**
14. **Grand Final**
 - a. **The team finishing higher on the ladder at the end of the home and away season will have the opportunity to host.**
 - b. **Extra Time: In the event of a tied result at the conclusion of regular time in the Grand Final, two additional periods of five (5) minutes each shall be played. Teams do not change ends from the last quarter during the first period of additional time. If scores remain level thereafter, the Premiership or ladder position shall be declared shared.**

For Teams Below Firsts:

1. **Timing:** All teams will play 4x12minute quarters, with a 2 minute break at quarter and three quarter time and a 3 minute break at half time. **The clock does not stop for any injury.**
2. **Each game should have two (2) Umpires appointed.**
3. **Rolling Substitutes for Teams below Firsts will apply according to Regulation 10 above**
4. **Safety:** Players may not wear anything that could endanger themselves or others, specifically:
 - a. Jewellery that cannot be removed (e.g. screw in ear piercing on top of ear, or new ear piercing, with stud) must be securely and appropriately taped and players be permitted to play at the discretion of the umpire.
 - b. A medical alert bracelet may be worn provided it is covered by tape.
 - c. Fingernails must be cut short and smooth and may be taped and players permitted to play at the discretion of the umpires.
 - d. Long hair must be suitably tied back so player positions (bibs) can be clearly seen.
5. **Wet weather arrangements: where outdoor courts are being used, play is not recommended when the court surface is deemed unsafe. Decisions to abandon matches can be made by Coaches in conjunction with Umpires.**
6. **Interchange:** there is no limit on interchange.

APS Representative Squad Selection:

An APS Representative Netball team of 10 players with 2 emergencies will be selected to compete.
Selectors 2026 CY & HY