2024 APS PRIMARY DIVISION ATHLETICS

Wednesday 28 August
DONCASTER ATHLETICS TRACK **IMPORTANT: Times are a GUIDE only**

TRACK EVENTS

10.30		
	100m 9/10Y Boys	Final 1
10.34	100m 9/10Y Girls	Final 2 Final 1
10.38	100m 11V Rove	Final 2 Final 1
10.30	100m 11Y Boys	Final 2
10.42	100m 11Y Girls	Final 1 Final 2
10.46	100m 12/13Y Boys	Final 1
10.50	100m 12/13Y Girls	Final 2 Final 1
		Final 2
10.55	1500m 9/10Y Bovs	Final
	1500m 9/10Y Girls	Final
	1500m 11Y Boys	Final
	1500m 11Y Girls	Final
	1500m 12/13Y Boys	Final
	1500m 12/13Y Girls	Final
11.30	80m Hurdles 9/10Y Boys (60cm)	Final
11.34	80m Hurdles 9/10 Girls (60cm)	Final
11.38	80m Hurdles 11Y Boys (60cm)	Final
<u>11.42</u>	80m Hurdles 11Y Girls (60cm)	Final 1 Final 2
Change i	Hurdle Height to 68cm	Filidi Z
11.47	80m Hurdles 12/13Y Boys (68cm)	Final
11.51	80m Hurdles 12/13Y Girls (68cm)	Final 1
		Final 2
40.00	000 0/40V D	
12.00	200m 9/10Y Boys	Final 2 Final 1 Final 2
12.00 12.04	200m 9/10Y Boys 200m 9/10Y Girls	Final 1 Final 2 Final 1
12.04	200m 9/10Y Girls	Final 1 Final 2 Final 1 Final 2
		Final 1 Final 2 Final 1 Final 2 Final 1
12.04 12.08	200m 9/10Y Girls 200m 11Y Boys	Final 1 Final 2 Final 1 Final 2 Final 1 Final 2
12.04	200m 9/10Y Girls	Final 1 Final 2 Final 1 Final 2 Final 1 Final 2 Final 2 Final 1
12.04 12.08 12.12	200m 9/10Y Girls 200m 11Y Boys 200m 11Y Girls	Final 1 Final 2 Final 1 Final 2 Final 1 Final 2 Final 2 Final 1 Final 2 Final 2
12.04 12.08	200m 9/10Y Girls 200m 11Y Boys	Final 1 Final 2
12.04 12.08 12.12 12.16	200m 9/10Y Girls 200m 11Y Boys 200m 11Y Girls 200m 12/13Y Boys	Final 1 Final 2
12.04 12.08 12.12	200m 9/10Y Girls 200m 11Y Boys 200m 11Y Girls	Final 1 Final 2 Final 2 Final 2 Final 1
12.04 12.08 12.12 12.16	200m 9/10Y Girls 200m 11Y Boys 200m 11Y Girls 200m 12/13Y Boys	Final 1 Final 2
12.04 12.08 12.12 12.16 12.20	200m 9/10Y Girls 200m 11Y Boys 200m 11Y Girls 200m 12/13Y Boys 200m 12/13Y Girls	Final 1 Final 2 Final 2 Final 1
12.04 12.08 12.12 12.16 12.20	200m 9/10Y Girls 200m 11Y Boys 200m 11Y Girls 200m 12/13Y Boys 200m 12/13Y Girls 800m 9/10Y Boys	Final 1 Final 2 Final 2 Final 2
12.04 12.08 12.12 12.16 12.20 12.25 12.29	200m 9/10Y Girls 200m 11Y Boys 200m 11Y Girls 200m 12/13Y Boys 200m 12/13Y Girls 800m 9/10Y Boys 800m 9/10Y Girls	Final 1 Final 2 Final 1
12.04 12.08 12.12 12.16 12.20 12.25 12.29 12.33	200m 9/10Y Girls 200m 11Y Boys 200m 11Y Girls 200m 12/13Y Boys 200m 12/13Y Girls 800m 9/10Y Boys 800m 9/10Y Girls 800m 11Y Boys	Final 1 Final 2
12.04 12.08 12.12 12.16 12.20 12.25 12.29	200m 9/10Y Girls 200m 11Y Boys 200m 11Y Girls 200m 12/13Y Boys 200m 12/13Y Girls 800m 9/10Y Boys 800m 9/10Y Girls	Final 1 Final 2 Final 1
12.04 12.08 12.12 12.16 12.20 12.25 12.29 12.33	200m 9/10Y Girls 200m 11Y Boys 200m 11Y Girls 200m 12/13Y Boys 200m 12/13Y Girls 800m 9/10Y Boys 800m 9/10Y Girls 800m 11Y Boys	Final 1 Final 2
12.04 12.08 12.12 12.16 12.20 12.25 12.29 12.33 12.37	200m 9/10Y Girls 200m 11Y Boys 200m 11Y Girls 200m 12/13Y Boys 200m 12/13Y Girls 800m 9/10Y Boys 800m 9/10Y Girls 800m 11Y Boys 800m 11Y Girls	Final 1 Final 2 Final 1 Final 5
12.04 12.08 12.12 12.16 12.20 12.25 12.29 12.33 12.37 12.41	200m 9/10Y Girls 200m 11Y Boys 200m 11Y Girls 200m 12/13Y Boys 200m 12/13Y Girls 800m 9/10Y Boys 800m 9/10Y Girls 800m 11Y Boys 800m 11Y Boys 800m 11Y Boys 800m 11Y Boys	Final 1 Final 2 Final 5 Final 7
12.04 12.08 12.12 12.16 12.20 12.25 12.29 12.33 12.37 12.41 12.45	200m 9/10Y Girls 200m 11Y Boys 200m 11Y Girls 200m 12/13Y Boys 200m 12/13Y Girls 800m 9/10Y Boys 800m 9/10Y Girls 800m 11Y Boys 800m 11Y Boys 800m 11Y Boys 800m 11Y Girls 800m 12/13Y Boys	Final 1 Final 2 Final
12.04 12.08 12.12 12.16 12.20 12.25 12.29 12.33 12.37 12.41 12.45 12.50	200m 9/10Y Girls 200m 11Y Boys 200m 11Y Girls 200m 12/13Y Boys 200m 12/13Y Girls 800m 9/10Y Boys 800m 9/10Y Girls 800m 11Y Boys 800m 11Y Girls 800m 11Y Girls 800m 11Y Girls 800m 11Y Girls 800m 12/13Y Boys 800m 12/13Y Boys 800m 12/13Y Girls	Final 1 Final 2 Final 1 Final 2 Final 1 Final 2 Final 1
12.04 12.08 12.12 12.16 12.20 12.25 12.29 12.33 12.37 12.41 12.45 12.50 12.58	200m 9/10Y Girls 200m 11Y Boys 200m 11Y Girls 200m 12/13Y Boys 200m 12/13Y Girls 800m 9/10Y Boys 800m 9/10Y Girls 800m 11Y Boys 800m 11Y Girls 800m 11Y Girls 800m 12/13Y Boys 800m 12/13Y Girls 4x100m Relay 9/10Y Boys 4x100m Relay 9/10Y Girls	Final 1 Final 2 Final 1
12.04 12.08 12.12 12.16 12.20 12.25 12.29 12.33 12.37 12.41 12.45 12.50 12.58 1.06	200m 9/10Y Girls 200m 11Y Boys 200m 11Y Girls 200m 12/13Y Boys 200m 12/13Y Girls 800m 9/10Y Boys 800m 9/10Y Girls 800m 11Y Boys 800m 11Y Boys 800m 11Y Girls 800m 12/13Y Boys 800m 12/13Y Girls 4x100m Relay 9/10Y Boys 4x100m Relay 9/10Y Girls 4x100m Relay 9/10Y Girls	Final 1 Final 2 Final 1
12.04 12.08 12.12 12.16 12.20 12.25 12.29 12.33 12.37 12.41 12.45 12.50 12.58 1.06	200m 9/10Y Girls 200m 11Y Boys 200m 11Y Girls 200m 12/13Y Boys 200m 12/13Y Girls 800m 9/10Y Boys 800m 9/10Y Girls 800m 11Y Boys 800m 11Y Girls 800m 12/13Y Boys 800m 12/13Y Boys 800m 12/13Y Boys 4x100m Relay 9/10Y Boys 4x100m Relay 9/10Y Girls 4x100m Relay 11Y Boys	Final 1 Final 2 Final 1

FIELD EVENTS

10.45	Shot Put 9/10Y	Girls & Boys		
10.45	High Jump 12/13 Y	Girls Boys	Pit 1 Pit 2	
10.45	Long Jump 11Y	Boys Girls	Pit South Pit North	
11.30	Shot Put 11Y	Girls & Boys		
11.30	Long Jump 12/13Y	Boys Girls	Pit South Pit North	
11.30	High Jump 9/10Y	Boys	Pit 2	
12.15	Shot Put 12/13Y	Girls & Boys		
12.15	Long Jump 9/10Y	Boys Girls	Pit South Pit North	
12.15	High Jump 9/10Y High Jump 11Y	Girls Girls Boys	Pit 1 Pit 1 Pit 2	
1.00	Triple Jump	Girls	Pit North	
1.30	Triple Jump	Boys	Pit South	

DISCUS

No Discus events are conducted at the APS Primary Division event.

Schools are to enter students who are available to compete at Regionals through the APS Division entry process. The APS Sport Office will then select the Top 2 performances in each age group and gender based on prior performances. Evidence of performance must be provided to the APS Sport Office.

Boys 9/10, 11, 12/13 Years Girls 9/10, 11, 12/13 Years

APS LANE DRAW									
Boys	*Track E Final 1:	Events & 1- MGS 5- SKC		ys: 2- CYD 6- HYC		3- CWH 7- WC		4- HYE 8-	
	Final 2:	1- BGS 5- CYK		SC XC		3- CAUL- 7- GGST	-M 4- H' 8- H'		
Girls	*Track, Final 1:	Field & 1- CAUL 6- WC		HYN	3- CY	D 4- MG	S 5- HYI	Ē	
	Final 2:	1-	2- CYK	3- HYC	4- GG	ST 5-0	CWH 6-	HYM	
Boys *800m: 1. CAUL-M & SKC 2. WC & HYM 3.BGS & HYN 4. XC & CYD 5. SC & GGST 6. CYK & HYC 7. CWH & HYE 8. MGS									
Boys 1. HYM 9. CWH	Field Ev 2. CAUL-M 10. WC		4. BGS 12. CYD			6. MGS 4. GGST	7. HYN 15. XC	8. CYK	

ENTRIES - PLEASE NOTE: one per school *Track lanes subject to change

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ATHLETICS REMINDERS

- Dependable staff from schools to time and record results.
- Age groups as at 31 December, i.e. 9/10, 11, 12/13 Years
- > Two individual and one relay event maximum per student.
 Please note field events are included as an individual event.
- > 1st and 2nd place in finals of ALL events (including relays) qualify for the Eastern Metropolitan Region Championships.
- > Starting Blocks will be available for students to use at the APS Primary Division Athletics event.

Hurdles 60cm for 9/10 & 11 years

68cm for 12/13 years

Shot Put 2 kg for 9/10 & 11 years

3 kg for 12/13 years

Discus 500 grams for 9/10 years

750 grams for 11, 12/13 years

Discus:

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Spikes:

All age groups are permitted to wear spikes for 100m, 200m, Hurdles, Relay, Long Jump, Triple Jump and High Jump.

'Pyramid' or 'Christmas Tree' spikes are permitted in hurdles, sprints, relays and jumps, but must be removed at the completion of the event, in all age groups.

The maximum length of spikes is 7 mm for all events with the exception of high jump, long jump and triple jump where 9mm spikes are permitted. 'Needle' or 'Pin' spikes are not permitted to be worn in any event.

Spikes are not permitted in the 800m or the 1500m events – for any age groups.