

Associated Public Schools of Victoria

ABN 61 949 738 691

APS House, 15 / 13-25 Church Street, Hawthorn Vic 3122
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Email: aps@apssport.org.au Website: www.apssport.org.au

APS PRIMARY DIVISION CROSS COUNTRY - 2023

APS Primary Division Cross Country Trials to be run on **Wednesday 24 May**.

Venue: Carey Grammar – Bulleen Sports Grounds

Race Times: 1.00pm	Primary Girls - 9/10 years	2 km
1.10pm	Primary Boys - 9/10 years	2 km
1.20pm	Primary Girls - 11 years	3 km
1.35pm	Primary Boys - 11 years	3 km
1.50pm	Primary Girls - 12/13 years	3 km
2.05pm	Primary Boys - 12/13 years	3 km

Could all schools be **at Bulleen by 12:30pm**, marshals will then have time to position themselves prior to the first race and children will have time to warm up. **Late arrivals hold up the entire meet.**

Ages: Ages are calculated according to the age a child turns in 2023. E.g. - If they turn 10 between 1st January and 31st December they are in the 10 Years age group.
**** Please note that 13 Year olds are now a regular part of the 12/13 Year age group and are not counted separately. There will be a Primary 12/13 Years event at Region. Any 13 Year olds must be Primary students.**

Course: The course starts adjacent to the sports ground in Bulleen Park and finishes in the Carey Sports Grounds. Competitors are to assemble in the Gadsden Pavilion (Dunshea Football oval) prior to the start of races for final instructions and will then be marshalled in year levels.

Entries & ID Numbers: Schools will be responsible for their own entries via the entry link provided. School coordinators have been given access to this document. Please ensure entries are in place by Wednesday 17 May.
All competitors must have their specific **ID Number** marked with black text on the back of the runners hand.

Clothing: Competitors should also be attired in school colours and ready. Changing facilities are available if required. **No spikes please.**

School seating & spectators: We are asking each school to base themselves in the middle of the track. You may wish to bring a marquee/tent and tarpaulins. They must be weighted down.
Strictly NO PEGS. The grandstand will be available to spectators.

Competitors: As this is a SSV event please send **up to** your best 8 runners per age group. . . Do not feel you have to send 8 if you don't have capable runners as the program falls behind time when everyone runs and children can become demoralised. **We send the first 12 per age group to compete at Region on Tuesday 13 June at Yarra Valley Racecourse.** Children should have their own supply of drinks, snacks etc. as no facilities are readily available.

Marshals: Could all schools please check the course map as you will need to provide a staff member to help with marshalling around the course. Your help is most important in the efficient running of this event. If you have any spare staff they could be of great assistance as a marshal on the course. ***If for some reason you are not able to provide a marshal, or cannot find your school on the map, please let me know prior to the day so that your position can be filled.***

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Timing: We will endeavour to time each event and have the times recorded in the entries document.

Results: Results will be visible throughout the day via the entry link. These results will remain provisional until they are checked by MGS/APS and e-mailed before the end of Thursday 25 May.

If any further information is required please contact the APS Sport Office.