2023 VICTORIAN SCHOOL ASSOCIATIONS COMPETITION



COMPETITION INFORMATION BOOKLET

Monday 8th May 2023
Warm Up | 3:00pm Competition | 4:00pm

Melbourne Sports Centres - MSAC, Outdoor Pool

Swimming Victoria recognise and respect the Traditional Owners and Custodians of this land on which this competition will take place and acknowledge all elders past, present & emerging

Swimming Victoria | Version 1: 31-03-22



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1. SWIMMING VICTORIA CONTACT

events@vic.swimming.org.au

2. COMPETITION DETAILS

Monday 8th Monday 2023

Melbourne Sports Centres - MSAC | Outdoor Pool

Website: 2023 Victorian School Associations Competition

3. PROGRAM OF EVENTS - EVENT LISTING

52 events | Timed Finals

Program of Events – Event Listing

4. AGE

Age as at the first day of competition | 8 May 2023

5. ENTRY PROCESS

All Associations must enter via Team Manager or Meet
Manager files only. If an Association does not have access
to Team Manager or Meet Manager a demo version can be
downloaded from the Hy-Tek website.

Team Manager

Meet Manager

If assistance using Team Manager or Meet manager is required, please visit the appropriate Hy-Tek FAQ page.

Team Manager: <u>Team Manager FAQ Page</u>
Meet Manager: <u>Meet Manager FAQ Page</u>

For further assistance, please contact Swimming Victoria Competitions Team events@vic.swimming.org.au

Entry files will be available from the event page on the Swimming Victoria website.

Victorian School Associations Competition

Swimmers **MUST** be entered with the correct given name, surname, and date of birth.

Changes to entries can be made up until 12:00pm on the day of the competition. Change of Swimmer forms will be available from the Victorian School Associations Competition webpage on the Swimming Victoria website.

Swimmers may enter a maximum of **five (5)** events (relay events inclusive).

Entries are limited to one swimmer per event per Association.

Swimmers are advised to swim in their age group bracket however swimmers are also eligible to swim up if required by the Association. Swimmers **cannot** swim down an age group.

Entry times must be provided with entries and preferably from the Associations Championships.

Associations can devise teams in any way they wish. It is the responsibility of the Association to administer and coordinate their team logistics.

Entries close 11:59pm Monday 1st May. No late entries will be accepted.

Entries must be emailed to events@vic.swimming.org.au



Associations that may enter the 2023 Victorian School Associations Competition:

Co-ed	
Male	
Co-ed	
Female	
Co-ed	

6. ENTRY FEES

The entry fee per Association is a flat rate of \$300. This fee applies equally to all Associations no matter how many swimmers/events are entered.

7. WARM UP PROCEDURES & INFORMATION

Please follow lane signage during warm up periods.

Initial warm up with no dive entries. Feet first entry into water only.

Swimmers must swim in a clockwise direction. Swimming in an anti-clockwise direction will not be tolerated.

Sprint warm ups are to be conducted in lanes 0 and 9 only (under coach/teacher supervision) and are walk-back lanes. Turns are not to be practiced in sprint lanes.

If timing pads are installed, swimmers must not touch, grab or climb over them.

Warm up ceases 10 minutes before the start time of the session. It is the responsibility of each Association to ensure

their swimmers are aware of the time

frame for cessation of the warmup. Two additional warm-up/cool-down lanes will be provided in the Indoor Pool between 4pm and 8pm.

8. COMPETITION TIMES

Warm Up | 3:00pm

Competition | 4:00pm

9. MARSHALLING PROCEDURES & INFORMATION

Assisted Self Marshalling for this competition.

Athletes will be instructed by the check starter to move behind the blocks once the event ahead of them has entered the water. An overflow room (old marshalling rooms) will be available for swimmers to ready themselves prior to their race. When Self Marshalling is in place, there is no requirement for the swimmers to use this room, they may just turn up behind the blocks without any formal check in.

10. BACKSTROKE EVENTS

Backstroke ledges **will not be** used at this competition as stated in the Backstroke Ledge Guidelines.

11. TEAM MANAGERS

Each Association is to nominate no more than two Team Managers with whom Swimming Victoria can liaise on pool deck should the need arise. Team Managers must display a valid Working with Children Check at all times and will be supplied with a pass (also to be displayed at all times) which permits access to pool deck. Associations must provide details of each Team Manager (name, email, WWCC) along with their emailed entries on Monday 1st May.

12. WITHDRAWALS

Not required for this competition due to Timed Finals format. Please email events@vic.swimming.org.au for withdrawals prior to competition day or you may inform the check starter on competition day.



13. ADMISSION & TICKETING

FREE ENTRY to MSAC for swimmers, spectators, coaches, and officials.

14. SEATING PLAN

Each Association will have a designated section of seating. All swimmers, parents, Association staff and belongings must stay within this area. The Seating Plan when available can be viewed on the <u>Victorian School Associations Competition</u> webpage.

Parents/Guardians/Spectators seating in the grandstand is a general admission area with no allocated seating or tickets assigned.

15. VOLUNTEERS

In addition to the ongoing support provided by our Swimming Victoria officials, the smooth running of this meet is also reliant on volunteers. All associations must supply up to three (3) volunteers who can assist with timekeeping, running results and other duties for this meet. Swimming Victoria will create a roster and allocate Associations to certain tasks. It is the responsibility of the Association to ensure all volunteers supply a current Working With Children Check to the Association prior to the competition. The timekeeper roster will be available on the Victorian School Associations Competition webpage. Swimming Victoria will ensure enough Technical Officials are present so this meet can become an approved qualifying meet and be uploaded to the National Results Database.

16. POOL DECK GUIDELINES - asctaVIC

Swimming Victoria and asctaVIC conduct all meets in accordance with the <u>Pool Deck Code of Behaviour</u>. These guidelines restrict unauthorised access to pool deck at all times throughout the meet. All coaches, support staff, officials and competitors are expected to adhere to these guidelines whilst on pool deck. Coaches MUST display their current Swimming Australia Accreditation and Working with

Children Check (WWCC) Cards at all

times. Coaches will be asked to leave pool deck if they fail to display their cards.

17. SPORT INTEGRITY AUSTRALIA

Swimming Victoria adheres to the Swimming Australia Anti-Doping and Illicit Drug Policy.

For further information please visit:

Swimming Australia Anti-Doping
Sport Integrity Australia

18. VENUE – MELBOURNE SPORTS CENTRES (MSAC)

Travel to MSAC & Parking Information

Entry | Entry will be via the Outdoor Pool Aquatic Entrance, opposite the multi-level carpark.

Spectators | Public restrooms are located at the back of the grandstand.

Athletes | Restrooms & change rooms are located on pool deck adjacent to the pool concourse area.

Lost Property | Swimming Victoria do not collect lost property. Please check with MSAC reception.

19. RESULTS

Results by event will be posted on pool deck following the conclusion of each event. Results will also be available via Meet Mobile throughout the meet.

20. PHOTOGRAPHY & VIDEOGRAPHY

Photos and videos may be taken throughout the competition. If you have any concerns, please approach the Swimming Victoria Meet Supervisor on the day.

21. AWARDS

The fastest three swimmers in each event will receive 1st, 2nd & 3rd ribbons.

Trophies will be awarded in three categories: Female Association, Male Association and Combined Association.

The Association with the highest point score in each category will receive a trophy. Co-ed Associations will be eligible to win the Female and Male Association trophies based on the point score of the female or male competitors from those Associations, respectively. Female and Male Associations are eligible to win the Combined Association trophy, should their pointscores be the highest overall.

Points will be awarded as follows:

1 st place	22 points	6 th place	10 points
2 nd place	18 points	7 th place	8 points
3 rd place	16 points	8 th place	6 points
4 th place	14 points	9 th place	4 points
5 th place	12 points	10 th place	2 points

22. RULES

Swimming Victoria By-Laws apply

BL8 - Competitions & Events

23. SAFE SPORT

The safety of children and young people in our sport is paramount. We want swimming to be fun, enjoyable, and safe for all. Everyone within the swimming community has a role to play in ensuring that we keep our proud sport as safe and enjoyable as possible. Swimming Australia's Safe Sport Framework (SSF) governs our sport and replaces all previous child and member welfare policies, procedures, and code of conduct. We must also be compliant under the Victorian Child Safe Legislation.

For further information please visit 'Rules & Policies' on the Swimming Victoria website.

24. MEDICAL CERTIFICATES & TAPING

All competitors, parents and coaches need to be aware that Swimming Victoria enforces the FINA Rule relating to Medical Taping:

"SW 10.8 provides that any sort of tape on the body is subject to approval of the Sports Medicine Committee."

Swimming Victoria is implementing this rule in modified form in that we require a certificate from a medical professional (doctor, physio etc.) specifying why the taping is required.

The certificate must be presented to the Technical Director or Referee in Charge of the competition BEFORE the swimmer wearing the taping begins competing at that competition. It need only be presented once for the duration of the competition.

The certificate must be dated and will be accepted by Swimming Victoria for 30 days from the date of issue. The certificate should state that the swimmer is fit to swim and that the taping does not provide any competitive advantage to the swimmer.

The Technical Director will check that a certificate is presented and further that the taping does not provide any advantage to the competitor.

25. MEDICAL

Venue first aid will be onsite.

Please refer to **Emergency Contacts Information** on the competition page for local medical centres, hospitals and pharmacies.

26. SOCIAL MEDIA

Stay up to date with our events on social media.

Facebook: @swimvic | Instagram: @swim_vic

Website: https://vic.swimming.org.au/

Hashtag: #2023VSAC