

1. See General Regulations Governing Sporting Competitions.

Athletics is conducted under the rules of Athletics Victoria unless otherwise stated.

Note:

- a. **The APS will maintain the two false start rule with a yearly review of the AV Start rule.**
 - b. **The APS Athletics Records recognise the best performance in each event and each age group, irrespective of the wind gauge reading, in the APS Heats and Finals.**
 - c. In **Long Jump** competitors are allowed three jumps each and in **Discus** and **Shot Put** competitors are allowed four throws/put each. All competitors are allowed one practice before Discus, Shot Put, Triple and Long jump events commence.
 - d. **Girls may compete at APS Finals in bike short length (above the knee) compression garments, in School or skin colour, with no/ limited visible branding.**
2. The Combined Girls' & Boys' Athletic Sports shall be held on the morning of the **second Saturday of Term 4** (in October 2022).
 3. In under age events, competitors shall be under the age if the competitor's date of birth is on or after the first day of November in the year of competition. Athletes competing in open events are under 19 years of age on 1 January of the same year.
 4.
 - a. A competitor may compete in as many events as their school shall decide but a competitor may not compete in the same event in more than one age group.
 - b. All events will start at the advertised time, and no event may be held back because a competitor at the time is competing in another event. A competitor who leaves a field games event to compete in a track event must first obtain permission of the official in charge of the event.
 - c. Simultaneous events: Having reported to their field event, a competitor may excuse themselves to take part in another event at the same time. Having left the field event, a competitor has 15 minutes from the last competitor completing their final round of that event to return and complete their remaining rounds.
 - d. If the track program falls behind, the High Jump competition freezes at the current height and recommences when determined by the Executive Officer/Arena Manager.
 - e. Shot Put events, one age group be allocated per circle with the following age group event to compete in the alternate circle. School based officials to remain the same.'
 - f. **Only adults should be given the job of "spiking" performances (LJ, TJ, DT, SP) both for safety in Shot and Discus and also for accuracy of the event.**
 5. No non-competitor shall be allowed in the arena with a competitor. Any breach of this rule could result in the disqualification of the competitor. (Note: this rule prohibits emergencies coming on to the arena).
 6. **Points:** In the A Division finals points shall be awarded as follows:

| | | | | | | | | | | | |
|---|----------|------------|---|------------|---|------------|---|------------|---|------------|---|
| 1st | 7 points | 2nd | 5 | 3rd | 4 | 4th | 3 | 5th | 2 | 6th | 1 |
| 1 point for Did Not Finish (DNF) and disqualification (DQ). No competitor - 0 | | | | | | | | | | | |

In the B Division finals points shall be awarded as follows:

| | | | | | | | | | | | |
|---|------------|------------|-----|------------|---|------------|-----|------------|---|------------|-----|
| 1st | 3.5 points | 2nd | 2.5 | 3rd | 2 | 4th | 1.5 | 5th | 1 | 6th | 0.5 |
| 0.5 point for Did Not Finish (DNF) and disqualification (DQ). No competitor - 0 | | | | | | | | | | | |

The 1500 metre events be run as the first runner across the line is the A competitor for a school and the second runner is considered the B competitor. No designation is required prior to the event.

The Shot Put events be run as the furthest put is the A competitor for a school and the second placed thrower from that school is considered the B competitor. No designation is required prior to the event.'
 7. The numbers against the competitors' names in races indicate the position at the start from left to right for track events, and in field events the order of competing.
 8. **Relays:**
 - a. In the 4 x 100 metre, members of a team other than the first athlete may commence running not more than ten metres outside the takeover zone but the baton must be passed within the 20 metre takeover zone.
 - b. Check marks - Chalk marks only may be used on a synthetic surface.
 - c. The baton must be carried in the hand throughout the race. If dropped, it must be recovered by the athlete who dropped it. In all relay races, the baton must be passed within the takeover zone. The passing of the baton is completed at the moment it is in the hand of the receiving athlete only. Within the takeover zone, it is only the position of the baton which is decisive, and not the position of the body or limbs of the competitors.

d. **Relays run in lanes**

Competitors after handing over the baton should remain in their lanes to avoid obstruction to other competitors. Should any competitor wilfully impede a member of another team by running out of position or lane at the finish of their leg, they are liable to cause the disqualification of their own team.

Relays running in inside lane

Competitors after handing over the baton should remain in their lanes to avoid obstruction to other competitors. Should any competitor wilfully impede a member of another team by running out of position or lane at the finish of their leg, they are liable to cause the disqualification of their own team.

e. Assistance by pushing off or by any other method will cause disqualification.

9. **High jump:**

Starting heights shall be as follows and then raised by 5cm for the next two heights and then as the judge decides:

| | | |
|------|----------|-------|
| Open | 1st jump | 1.25m |
| U17 | 1st jump | 1.25m |
| U16 | 1st jump | 1.20m |
| U15 | 1st jump | 1.15m |
| U14 | 1st jump | 1.10m |
| U13 | 1st jump | 1.05m |

An athlete winning the high jump may have three more attempts (within the rules of jumping) at any heights they may choose. If they should break the record, they may have further attempts at a higher level.

10. **Triple Jump:** Take-off board will be marked at 8, 9, 10 and 11 metres.

11. **Hurdles: AAU Specifications**

WOMEN Hurdle heights & specifications

| Age | Distance of race | Number of hurdles | Hurdle height | Distance to 1st hurdle | Distance between | Distance to finish | Marker |
|------|------------------|-------------------|---------------|------------------------|------------------|--------------------|--------|
| Open | 100 | 10 | 76 | 13 | 8.50 | 10.50 | Yellow |
| U17 | 100 | 10 | 76 | 13 | 8.50 | 10.50 | Yellow |
| U16 | 90 | 9 | 76 | 13 | 8.00 | 13.00 | White |
| U15 | 90 | 9 | 76 | 13 | 8.00 | 13.00 | White |
| U14 | 80 | 9 | 76 | 12 | 7.00 | 12.00 | Black |
| U13 | 80 | 9 | 76 | 12 | 7.00 | 12.00 | Black |

12. **Discus and Shot put: AAU Specifications**

Under-age field implements:

| Age Group | U13 | U14 | U15 | U16 | U17 | Open |
|-----------|-----|-----|-----|-----|-----|------|
| Discus | 1kg | 1kg | 1kg | 1kg | 1kg | 1kg |
| Shot | 3kg | 3kg | 3kg | 3kg | 3kg | 3kg |

13. **Seating:**

Will be determined by the APS Sport office on a rotational basis and working in with the Boys rotation.

14. **Lane draw:**

The lane draw for the APS Girls Athletics Finals is allocated at random by the Meet Manager program.

15. **Organising school:**

| | |
|------|------|
| 2022 | HY |
| 2023 | WC |
| 2024 | CY |
| 2025 | CAUL |

APS GIRLS' & BOYS' COMBINED ATHLETICS PROGRAMME & RECORDS

| No | Time | Event | Record | Year | Holder |
|----|----------|--|---------|------|-------------------------------|
| 1 | 9:00 AM | Boys Under 14 High Jump [Mat 1] | 1.76m | 2015 | H O Manton, Melbourne |
| 2 | 9:00 AM | Girls Open High Jump [Mat 2] | 1.71m | 2005 | M V Adams, Carey |
| 3 | 9:00 AM | Boys Under 15 Long Jump [West Pit] | 6.45m | 2004 | A M Smith, Haileybury |
| 4 | 9:00 AM | Girls Under 16 Triple Jump [East Pit] | 11.63m | 2008 | B M Stratton, Caulfield |
| 5 | 9:00 AM | Boys Under 17 Discus | 42.04m | 2019 | P J Somerville, Xavier |
| 6 | 9:00 AM | Girls Open Shot Put MC | | | New Event |
| 7 | 9:00 AM | Girls Under 14 Shot Put Div. A | 12.33m | 2013 | P A Montag, Wesley |
| 8 | 9:00 AM | Girls Under 14 Shot Put Div. B | 12.33m | 2013 | P A Montag, Wesley |
| 9 | 9:00 AM | Boys Open 800 Metre | 1.48.83 | 2013 | L D Mathews, St Kevin's |
| 10 | 9:04 AM | Girls Open 800 Metre | 2:10.53 | 2001 | G E Clarke, Geelong College |
| 11 | 9:08 AM | Boys Under 16 800 Metre | 1:54.39 | 1989 | J J Ischia, Scotch |
| 12 | 9:12 AM | Girls Under 16 800 Metre | 2:11.02 | 1999 | G E Clarke, Geelong College |
| 13 | 9:16 AM | Boys Under 15 800 Metre | 1:57.53 | 1987 | M J Holcombe, Caulfield |
| 14 | 9:20 AM | Girls Under 15 800 Metre | 2:10.29 | 1998 | G E Clarke, Geelong College |
| 15 | 9:26 AM | Boys Open 110 Metre Hurdles [91.4cm] | 13.38 | 2008 | S W Baines, Melbourne |
| 16 | 9:32 AM | Boys Under 17 110 Metre Hurdles [91.4cm] | 14.03 | 2007 | S W Baines, Melbourne |
| 17 | 9:38 AM | Boys Under 16 100 Metre Hurdles [84cm] | 13.13 | 2013 | A M McGrath, Brighton |
| 18 | 9:40 AM | Boys Under 16 Triple Jump [East Pit] | 14.09m | 2011 | H G Smith, St Kevin's |
| 19 | 9:44 AM | Boys Under 15 100 Metre Hurdles [84cm] | 13.54 | 2015 | A R Leferink, Brighton |
| 20 | 9:45 AM | Girls Open Discus | 40.58 | 2017 | L N Varley, Wesley |
| 21 | 9:45 AM | Boys Open Shot Put MC | | | New Event |
| 22 | 9:45 AM | Boys Under 14 Shot Put | 17.67 | 2015 | O J Courtney, Geelong College |
| 23 | 9:50 AM | Girls Open 100 Metre Hurdles [76cm] | 13.77 | 2016 | D M Shaw, Wesley |
| 24 | 9:50 AM | Girls Open Long Jump MC [West Pit] | | | New Event |
| 25 | 9:50 AM | Girls Under 14 Long Jump [West Pit] | 5.53m | 2012 | N I Owusu-Afriyie, Wesley |
| 26 | 9:55 AM | Girls Under 17 100 Metre Hurdles [76cm] | 14.34 | 2014 | D M Shaw, Wesley |
| 27 | 10:00 AM | Girls Under 16 90 Metre Hurdles [76cm] | 13.15 | 2017 | M G Russell, Caulfield |
| 28 | 10:05 AM | Girls Under 15 90 Metre Hurdles [76cm] | 13.32 | 2007 | B M Stratton, Caulfield |
| 29 | 10:10 AM | Boys Under 14 90 Metre Hurdles [76cm] | | | New Event |
| 30 | 10:15 AM | Girls Under 14 80 Metre Hurdles [76cm] | 12.81 | 2015 | M G Russell, Caulfield |
| 31 | 10:22 AM | Boys Under 17 800 Metre | 1:52.02 | 1990 | J J Ischia, Scotch |
| 32 | 10:27 AM | Girls Under 17 800 Metre | 2:13.44 | 2018 | S O'Sullivan, Wesley |
| 33 | 10:30 AM | Boys Under 17 Long Jump [West Pit] | 6.92m | 1992 | A N Faichney, Scotch |
| 34 | 10:30 AM | Boys Under 15 Discus | 46.58m | 2018 | K V Ofahengaue, Brighton |
| 35 | 10:30 AM | Girls Under 15 Shot Put Div. A | 13.33 | 2014 | P A Montag, Caulfield |
| 36 | 10:30 AM | Girls Under 15 Shot Put Div. B | 13.33 | 2014 | P A Montag, Caulfield |
| 37 | 10:30 AM | Girls Under 14 Triple Jump [East Pit] | 11.26m | 2019 | S J Farrell, Caulfield |
| 38 | 10:32 AM | Boys Under 14 800 Metre | 2:05.62 | 2016 | N G O'Brien, Geelong College |
| 39 | 10:37 AM | Girls Under 14 800 Metre | 2:16.30 | 1997 | G E Clarke, Geelong College |
| 40 | 10:40 AM | Boys Under 16 High Jump [Mat 1] | 2.08m | 2015 | J P Lightfoot, Xavier |
| 41 | 10:40 AM | Girls Under 17 High Jump [Mat 2] | 1.68m | 2004 | M V Adams, Carey |
| 42 | 10:43 AM | Boys Open 100 Metre | 10.62 | 1992 | N C Rennie, Carey |
| 43 | 10:49 AM | Girls Open 100 Metre | 11.91 | 2008 | C Cuttler, Caulfield |
| 44 | 10:53 AM | Boys Under 17 100 Metre | 10.67 | 2018 | M Monleh, Wesley |
| 45 | 10:59 AM | Girls Under 17 100 Metre | 12.06 | 2017 | M P Gross, Geelong Grammar |
| 46 | 11:03 AM | Boys Under 16 100 Metre | 10.91 | 2016 | A R Leferink, Brighton |
| 47 | 11:09 AM | Girls Under 16 100 Metre | 12.03 | 2017 | M G Russell, Caulfield |
| 48 | 11:10 AM | Boys Under 17 Triple Jump [East Pit] | 14.33m | 2012 | D Johnson, St Kevin's |
| 49 | 11:13 AM | Boys Open 3000 Metre | 8:21.40 | 1974 | F R E de Castella, Xavier |
| 50 | 11:15 AM | Girls Under 17 Discus | 34.76m | 2019 | O J Rundle, Caulfield |
| 51 | 11:15 AM | Boys Open Shot Put | 16.83m | 2016 | J G Joycey, Xavier |
| 52 | 11:20 AM | Girls Under 16 Long Jump [West Pit] | 5.81m | 2008 | B M Stratton, Caulfield |
| 53 | 11:28 AM | Boys Under 15 100 Metre | 11.06 | 2018 | J D Peris, Melbourne |
| 54 | 11:32 AM | Girls Under 15 100 Metre | 12.38 | 2016 | M G Russell, Caulfield |
| | | | | 2018 | H M Coate, Caulfield |
| 55 | 11:36 AM | Boys Under 14 100 Metre | 11.60 | 2012 | A E S Dowling, Carey |
| 56 | 11:36 AM | Boys Open 100 Metre MC | | | New Event |
| 57 | 11:42 AM | Girls Under 14 100 Metre | 12.59 | 2012 | N I Owusu-Afriyie, Wesley |
| 58 | 11:42 AM | Girls Open 100 Metre MC | | | New Event |
| 59 | 11:46 AM | Boys Open 400 Metre | 47.64 | 1982 | P G Dunne, St Kevin's |
| 60 | 11:52 AM | Girls Open 400 Metre | 56.02 | 1996 | T C Lewis, Caulfield |
| 61 | 11:56 AM | Girls Open 3000 Metre Div. A | | | New Event |
| 62 | 11:56 AM | Girls Open 3000 Metre Div. B | | | New Event |
| 63 | 12:00 PM | Boys Under 15 High Jump [Mat 2] | 1.92m | 1995 | R D Manefield, Caulfield |
| 64 | 12:00 PM | Girls Under 16 High Jump [Mat 1] | 1.70m | 2019 | P Deane-Johns, Carey |
| 65 | 12:00 PM | Boys Under 16 Discus | 50.16 | 2019 | K V Ofahengaue, Brighton |
| 66 | 12:00 PM | Girls Under 16 Shot Put Div. A | 13.91 | 2017 | L N Varley, Wesley |
| 67 | 12:00 PM | Girls Under 16 Shot Put Div. B | 13.91 | 2017 | L N Varley, Wesley |
| 68 | 12:00 PM | Girls Under 15 Triple Jump [East Pit] | 11.49m | 2010 | S J Ferrier, Carey |
| 69 | 12:00 PM | Boys Under 16 Long Jump [West Pit] | 6.50m | 1986 | C L Mathai, Xavier |
| 70 | 12:12 PM | Boys Under 15 1500 Metre | 4:15.10 | 1981 | D E Paulin, Carey |

APS GIRLS' & BOYS' COMBINED ATHLETICS PROGRAMME & RECORDS

| No | Time | Event | Record | Year | Holder |
|-----|----------|---------------------------------------|---------|------|-------------------------------|
| 71 | 12:19 PM | Boys Under 16 1500 Metre | 4:07.10 | 1982 | D B Kenneally, Wesley |
| 72 | 12:25 PM | Girls Under 16 1500 Metre Div. A | 4:34.94 | 1999 | G E Clarke, Geelong College |
| 73 | 12:25 PM | Girls Under 16 1500 Metre Div. B | 4:34.94 | 1999 | G E Clarke, Geelong College |
| 74 | 12:32 PM | Boys Open 200 Metre MC | | | New Event |
| 75 | 12:32 PM | Boys Under 14 200 Metre | 24.22 | 2019 | R Chen, Scotch |
| 76 | 12:38 PM | Girls Open 200 Metre MC | | | New Event |
| 77 | 12:38 PM | Girls Under 14 200 Metre | 25.45 | 2012 | N I Owusu-Afriyie, Wesley |
| 78 | 12:40 PM | Boys Open Triple Jump [East Pit] | 15.00m | 2013 | D Johnson, St Kevin's |
| 79 | 12:42 PM | Boys Under 15 200 Metre | 22.29 | 2018 | J D Peris, Melbourne |
| 80 | 12:45 PM | Girls Under 15 Discus | 31.97m | 2018 | M A Scerri, Haileybury |
| 81 | 12:45 PM | Boys Under 17 Shot Put | 17.30m | 2018 | O J Courtney, Geelong College |
| 82 | 12:48 PM | Girls Under 15 200 Metre | 24.57 | 2013 | N I Owusu-Afriyie, Wesley |
| 83 | 12:50 PM | Girls Under 17 Long Jump [West Pit] | 5.70m | 2019 | C J Bradshaw, Geelong College |
| 84 | 12:52 PM | Boys Under 16 200 Metre | 21.74 | 2016 | A R Leferink, Brighton |
| 85 | 12:58 PM | Girls Under 16 200 Metre | 24.95 | 2014 | N I Owusu-Afriyie, Wesley |
| 86 | 1:06 PM | Boys Open 4x800 Metre Relay | 7:44.60 | 1995 | Scotch College |
| 87 | 1:20 PM | Boys Under 17 High Jump [Mat 1] | 2.12m | 2012 | J C Baden, Melbourne |
| 88 | 1:20 PM | Girls Under 15 High Jump [Mat 2] | 1.63m | 1996 | J L Blumfield, Wesley |
| 89 | 1:22 PM | Boys Under 17 200 Metre | 21.80 | 2013 | M K Romanin, St Kevin's |
| 90 | 1:28 PM | Girls Under 17 200 Metre | 24.42 | 2017 | M P Gross, Geelong Grammar |
| 91 | 1:30 PM | Boys Open Discus | 55.68m | 2019 | O J Courtney, Geelong College |
| 92 | 1:30 PM | Girls Under 17 Shot Put Div. A | 14.39m | 2016 | L N Varley, Wesley |
| 93 | 1:30 PM | Girls Under 17 Shot Put Div. B | 14.39m | 2016 | L N Varley, Wesley |
| 94 | 1:30 PM | Girls Open Triple Jump [East Pit] | 12.10m | 2011 | B M Stratton, Caulfield |
| 95 | 1:30 PM | Boys Open Long Jump MC | | | New Event |
| 96 | 1:30 PM | Boys Under 14 Long Jump | 6.18m | 2012 | D Luu, Caulfield |
| 97 | 1:32 PM | Boys Open 200 Metre | 21.39 | 2013 | W M Johns, Caulfield |
| 98 | 1:38 PM | Girls Open 200 Metre | 24.98 | 2008 | C Cuttler, Caulfield |
| 99 | 1:44 PM | Boys Under 14 1500 Metre | 4:32.86 | 2019 | J V Bowen, St Kevin's |
| 100 | 1:50 PM | Girls Under 14 1500 Metre Div. A | 4:45.40 | 2018 | A L Bunnage, Haileybury |
| 101 | 1:50 PM | Girls Under 14 1500 Metre Div. B | 4:45.40 | 2018 | A L Bunnage, Haileybury |
| 102 | 1:57 PM | Boys Under 17 1500 Metre | 3:57.99 | 1988 | N J Adkin, Caulfield |
| 103 | 2:03 PM | Boys Under 17 4x100 Metre Relay | 43.14 | 1983 | Caulfield Grammar |
| 104 | 2:10 PM | Boys Under 15 Triple Jump [East Pit] | 13.73m | 2000 | M A Cooter, Caulfield |
| 105 | 2:11 PM | Girls Under 17 4x100 Metre Relay | 50.46 | 2007 | Carey Grammar |
| 106 | 2:15 PM | Girls Under 16 Discus | 36.90 | 2019 | M A Scerri, Haileybury |
| 107 | 2:15 PM | Boys Under 15 Shot Put | 17.26m | 2016 | O J Courtney, Geelong College |
| 108 | 2:15 PM | Boys Under 16 4x100 Metre Relay | 43.85 | 2019 | Melbourne Grammar |
| 109 | 2:20 PM | Girls Open Long Jump [West Pit] | 5.76m | 1994 | G A Farley, Geelong Grammar |
| 110 | 2:23 PM | Girls Under 16 4x100 Metre Relay | 50.39 | 2007 | Caulfield Grammar |
| 111 | 2:27 PM | Boys Under 15 4x100 Metre Relay | 44.88 | 2018 | Melbourne Grammar |
| 112 | 2:35 PM | Girls Under 15 4x100 Metre Relay | 50.94 | 2015 | Haileybury |
| 113 | 2:39 PM | Boys Under 14 4x100 Metre Relay | 47.27 | 2014 | Brighton Grammar |
| 114 | 2:40 PM | Boys Open High Jump [Mat 1] | 2.29m | 2014 | J C Baden, Melbourne |
| 115 | 2:40 PM | Girls Under 14 High Jump [Mat 2] | 1.61m | 2012 | D Pjanic, Wesley |
| 116 | 2:47 PM | Girls Under 14 4x100 Metre Relay | 51.68 | 2014 | Caulfield Grammar |
| 117 | 2:53 PM | Boys Open 4x400 Metre Relay | 3:19.64 | 2015 | St Kevin's College |
| 118 | 3:00 PM | Boys Under 14 Discus | 35.28m | 2019 | N C Smith, Caulfield |
| 119 | 3:00 PM | Girls Open Shot Put Div. A | 13.69m | 2019 | L N Varley, Wesley |
| 120 | 3:00 PM | Girls Open Shot Put Div. B | 13.69m | 2019 | L N Varley, Wesley |
| 121 | 3:00 PM | Girls Under 17 Triple Jump [East Pit] | 11.92m | 2009 | B M Stratton, Caulfield |
| 122 | 3:00 PM | Boys Open Long Jump [West Pit] | 7.28m | 2008 | D P Bailey, St Kevin's |
| 123 | 3:03 PM | Girls Open 4x400 Metre Relay | 3:55.28 | 2015 | Caulfield Grammar |
| 124 | 3:09 PM | Boys Under 17 4x400 Metre Relay | 3:23.20 | 1981 | Xavier College |
| 125 | 3:19 PM | Girls Under 17 400 Metre | 56.39 | 2017 | M P Gross, Geelong Grammar |
| 126 | 3:23 PM | Boys Under 16 4x400 Metre Relay | 3:27.67 | 1986 | Caulfield Grammar |
| 127 | 3:33 PM | Girls Under 16 400 Metre | 57.28 | 1998 | G E Clarke, Geelong College |
| | | | | 2014 | J M Russell, Caulfield |
| 128 | 3:37 PM | Boys Under 15 4x400 Metre Relay | 3:36.36 | 2015 | Wesley College |
| 129 | 3:40 PM | Boys Under 14 Triple Jump [East Pit] | 11.85m | 2019 | J E Payne, Geelong College |
| 130 | 3:45 PM | Girls Under 14 Discus | | | New Event |
| 131 | 3:45 PM | Boys Under 16 Shot Put | 17.99m | 2017 | O J Courtney, Wesley |
| 132 | 3:47 PM | Girls Under 15 400 Metre | 58.95 | 2007 | B M Stratton, Caulfield |
| 133 | 3:50 PM | Girls Under 15 Long Jump [West Pit] | 5.51m | 2007 | B M Stratton, Caulfield |
| 134 | 3:51 PM | Boys Under 14 4x400 Metre Relay | | | New Event |
| 135 | 4:03 PM | Girls Under 14 400 Metre | 1:00.03 | 2009 | E I Fyffe, Geelong College |
| 136 | 4:07 PM | Boys Open 1500 Metre | 3:51.40 | 1985 | D E Paulin, Carey |
| 137 | 4:15 PM | Girls Open 1500 Metre Div. A | 4:28.27 | 2001 | G E Clarke, Geelong College |
| 138 | 4:15 PM | Girls Open 1500 Metre Div. B | 4:28.27 | 2001 | G E Clarke, Geelong College |
| 139 | 4:23 PM | Boys Open 4x100 Metre Relay | 41.86 | 2008 | Melbourne Grammar |
| 140 | 4:31 PM | Girls Open 4x100 Metre Relay | 48.96 | 2019 | Haileybury |