



2019 Victorian School Associations Competition

Competition Information

Melbourne Sports and Aquatic Centre (MSAC),
Outdoor Pool

Monday 13 May | Timed Finals 5:00pm



TABLE OF CONTENTS

Competition Information	3
1.1 Competition Details	3
1.2 Program of Events	3
Warm Up Procedures	5
Warm Up & Competition Times	6
Marshalling Procedures & Information.....	6
Awards	7
1.3 Competition Day	7
Volunteers.....	7
Results	7
1.4 Safe Sport	8
1.5 Swim Costumes	8
1.6 Medical Certificates & Taping	8
1.7 MSAC	9
Travel to MSAC	9
Parking.....	9
Toilets/Change Rooms	9
1.8 Anti-Doping	9
1.9 Seating plan	10
1.10 Pool Deck Guidelines	10
1.10 Team Managers	10

COMPETITION INFORMATION

1.1 COMPETITION DETAILS

The 2019 Victorian School Associations Competition will be held at the Melbourne Sports and Aquatic Centre, Indoor Pool on Monday 13th May 2019.

Swimmer's age will be taken as at 13th May 2019.

Entry to MSAC will be free for swimmers, Association staff/teachers and spectators.

1.2 PROGRAM OF EVENTS

The 2019 Victorian School Associations Competition will consist of 60 events conducted over 1 day. All events will be swum as Timed Finals.

Event No.	Event Name	Event No.	Event Name
1	Girls 12-14 4x50 Butterfly Relay	31	Girls 12-14 50 Butterfly
2	Boys 12-14 4x50 Butterfly Relay	32	Boys 12-14 50 Butterfly
3	Girls 15-16 4x50 Butterfly Relay	33	Girls 15-16 50 Butterfly
4	Boys 15-16 4x50 Butterfly Relay	34	Boys 15-16 50 Butterfly
5	Girls 17 & Over 4x50 Butterfly Relay	35	Girls 17 & Over 50 Butterfly
6	Boys 17 & Over 4x50 Butterfly Relay	36	Boys 17 & Over 50 Butterfly
7	Girls 12-14 4x50 Backstroke Relay	37	Girls 12-14 100 Freestyle
8	Boys 12-14 4x50 Backstroke Relay	38	Boys 12-14 100 Freestyle
9	Girls 15-16 4x50 Backstroke Relay	39	Girls 15-16 100 Freestyle
10	Boys 15-16 4x50 Backstroke Relay	40	Boys 15-16 100 Freestyle
11	Girls 17 & Over 4x50 Backstroke Relay	41	Girls 17 & Over 100 Freestyle
12	Boys 17 & Over 4x50 Backstroke Relay	42	Boys 17 & Over 100 Freestyle
13	Girls 12-14 50 Freestyle	43	Girls 12-14 50 Breaststroke
14	Boys 12-14 50 Freestyle	44	Boys 12-14 50 Breaststroke
15	Girls 15-16 50 Freestyle	45	Girls 15-16 50 Breaststroke
16	Boys 15-16 50 Freestyle	46	Boys 15-16 50 Breaststroke
17	Girls 17 & Over 50 Freestyle	47	Girls 17 & Over 50 Breaststroke
18	Boys 17 & Over 50 Freestyle	48	Boys 17 & Over 50 Breaststroke
19	Girls 12-14 50 Backstroke	49	Girls 12-14 4x50 Medley Relay
20	Boys 12-14 50 Backstroke	50	Boys 12-14 4x50 Medley Relay
21	Girls 15-16 50 Backstroke	51	Girls 15-16 4x50 Medley Relay
22	Boys 15-16 50 Backstroke	52	Boys 15-16 4x50 Medley Relay
23	Girls 17 & Over 50 Backstroke	53	Girls 17 & Over 4x50 Medley Relay
24	Boys 17 & Over 50 Backstroke	54	Boys 17 & Over 4x50 Medley Relay
25	Girls 12-14 4x50 Breaststroke Relay	55	Girls 12-14 4x50 Freestyle Relay
26	Boys 12-14 4x50 Breaststroke Relay	56	Boys 12-14 4x50 Freestyle Relay
27	Girls 15-16 4x50 Breaststroke Relay	57	Girls 15-16 4x50 Freestyle Relay
28	Boys 15-16 4x50 Breaststroke Relay	58	Boys 15-16 4x50 Freestyle Relay
29	Girls 17 & Over 4x50 Breaststroke Relay	59	Girls 17 & Over 4x50 Freestyle Relay
30	Boys 17 & Over 4x50 Breaststroke Relay	60	Boys 17 & Over 4x50 Freestyle Relay



ENTRY PROCESS

- All Associations must enter via Team Manager or Meet Manager files only. If an Association does not have access to Team Manager or Meet Manager a demo version can be downloaded from the Hy-Tek website.
Team Manager: http://www.hy-tek.com/Demos/Swim_Team_Manager_Lite.exe
Meet Manager: http://www.hy-tek.com/Demos/Swim_Meet_Manager_Demo.exe
- If assistance using Team Manager or Meet manager is required, please visit the appropriate Hy-Tek FAQ page.
Team Manager: [Team Manager FAQ Page](#)
Meet Manager: [Meet Manager FAQ Page](#)
For further assistance, please contact Swimming Victoria Competitions Team on 03 9230 9400 or events@vic.swimming.org.au
- Entry files are available from the event page on the Swimming Victoria website.
[Victorian School Associations Competition](#) > Pre Competition > Team Manager & Meet Manager Entry Files
- Swimmers **MUST** be entered with the correct given name, surname and date of birth.
- Changes to entries can be made up until 12:00pm on the day of the competition. Change of Swimmer forms will be available from the Victorian School Associations Competition webpage on the Swimming Victoria website.
- Swimmers may enter a maximum of **five (5)** events (relay events inclusive).
- Entries are limited to one swimmer per event per Association
- Swimmers must swim in their age group bracket. Swimmers **cannot** swim up an age bracket.
- Entry times must be provided with entries and must come from the Associations Championships **ONLY**.
- Associations can devise teams in any way they wish. It is the responsibility of the Association to administer and coordinate their team logistics.
- Entries close 11:59pm Monday 6th May. **No late entries will be accepted.**
- Entries must be emailed to events@vic.swimming.org.au

- The entry fee per Association is a flat rate of \$300. This fee applies equally to all Associations no matter how many swimmers/events are entered.
- Associations that may enter the 2019 Victorian School Associations Competition:

APS	Associated Public Schools of Victoria	Co-ed
ACC	Associated Catholic Colleges	Male
ACS	Association of Co-educational Schools	Co-ed
AGSV	Associated Grammar Schools of Victoria	Co-ed
BAS	Ballarat Associated Schools	Co-ed
CSEN	Christian Schools Events Network	Co-ed
EISM	Eastern Independent Schools of Melbourne	Co-ed
GSV	Girls Sport Victoria	Female
SACCSS	Sports Associations of Catholic Coeducational Secondary Schools	Co-ed
SCSA	Secondary Catholic Sports Association	Co-ed
SIS	Southern Independent Schools	Co-ed
SSV	School Sport Victoria	Co-ed
ICES	Independent Catholic Co-Educational Schools	Co-ed
GISSA	Geelong Independent School Sports Association	Co-ed

WARM UP PROCEDURES

- Please follow lane signage during warm up periods.
- Initial warm up with no dive entries. Feet first entry into water only.
- Swimmers must swim in a clockwise direction. Swimming in an anti-clockwise direction will not be tolerated.
- Sprint warm ups are to be conducted in lanes 0 and 9 only (under coach/teacher supervision) and are walk-back lanes. Turns are not to be practiced in sprint lanes.
- If timing pads are installed, swimmers must not touch, grab or climb over them.
- Warm up ceases 10 minutes before the start time of the session. The countdown will be given at 10 minutes, 5 minutes, 2 minutes and 1 minute. It is the responsibility of each Association to ensure their swimmers are aware of the time frame for cessation of the warm up. **Two additional warm-up/cool-down lanes will be provided in the Indoor Pool between 5pm and 10pm.**

WARM UP & COMPETITION TIMES

SESSION	WARM UP TIMES	COMPETITION START TIME
1. Monday 13 th May	4:00pm	5:00pm

MARSHALLING PROCEDURES & INFORMATION

An announcement will be made at the conclusion of the warm up session to request competitors in the initial (usually three) events to report to the Marshalling area. Those event numbers and all calls for subsequent events will be displayed on the main scoreboard.

Published timelines are provided as a guide only and must not be relied on as the start times for particular events. Event start times may change due to heat combinations or other variables. Where there are a number of withdrawals from heats and subject to time constraints, the Marshals may either re-seed events or combine heats.

Marshalling calls are made via the 'big screen' only (not announced over the microphone) and are usually made three events ahead of the event in the water. This may vary with the distance of, or the number of entries in, the various events in the program. Swimmers should monitor the marshalling calls frequently and should be aware of the event, stroke and heat number in which they are competing.

A copy of the program will be fixed to the wall in the corridor outside the marshalling room to ensure swimmers have this information prior to entering the marshalling room. Inside the room, the Marshals will call the names of the swimmers in each heat of an event at least three times if they have not reported.

Swimmers are late reporting if they have been called three times and have not been marked as present, the heats have either been combined/re-seeded or the first heat has been handed over to the Check Starter. Swimmers who are late reporting will only be allowed to swim at the discretion of the Referee in Charge.

Swimmers may report early for subsequent events and may then leave the area. They must return to the area and report to the Marshal in time for those events to be handed over to the Check Starter. If they fail to return in time for their heat, the onus is on the competitor.

All events will be swum as Timed Finals in the order of slowest to fastest heat.

AWARDS

The fastest three swimmers (or teams in relay events) in each event will receive 1st, 2nd & 3rd ribbons.

Trophies will be awarded in three categories; Female Association, Male Association and Co-ed Association. The Association with the highest point score in each category will receive a trophy. Co-ed Associations will be eligible to win the Female and Male Association trophies based on the point score of the female or male competitors from those Associations, respectively.

Points will be awarded as follows:

1 st place	22 points	6 th place	10 points
2 nd place	18 points	7 th place	8 points
3 rd place	16 points	8 th place	6 points
4 th place	14 points	9 th place	4 points
5 th place	12 points	10 th place	2 points

1.3 COMPETITION DAY

VOLUNTEERS

In addition to the ongoing support provided by our Swimming Victoria officials, the smooth running of this meet is also reliant on volunteers. All associations must supply three (3) volunteers who can assist with timekeeping, running results and other duties for this meet. Swimming Victoria will create a roster and allocate Associations to certain tasks. It is the responsibility of the Association to ensure all volunteers supply a current Working With Children Check to the Association prior to the competition. The timekeeper roster will be available on the 2019 Victorian School Associations Competition webpage (link below). Swimming Victoria will ensure enough Technical Officials are present so this meet can become an approved qualifying meet and be uploaded to the National Results Database.

RESULTS

Results will be posted on the glass walls behind the grandstand following the conclusion of each event. Completed results will be posted on the Swimming Victoria Results page – in PDF, Meet Manager and Team Manager format. Results will also be available via Meet Mobile throughout the meet.

1.4 SAFE SPORT

The safety of children and young people in our sport is paramount. We want swimming to be fun, enjoyable and safe for all. Everyone within the swimming community have a role to play in ensuring that we keep our proud sport as safe and enjoyable as possible. Swimming Australia have developed a [Safe Sport Framework \(SSF\)](#) which governs our sport and replaces all previous child and member welfare policies, procedures and code of conduct. We must also be compliant under the Victorian Child Safe Legislation.

For further information please visit [‘Rules and Policies’](#) on the Swimming Victoria website.

1.5 SWIM COSTUMES

In accordance with Swimming Victoria By-Law 8 – Competitions & Events 6. Costumes:

6.1 Swimming costumes worn by a Competitor shall comply with the FINA rules and any relevant SV rules regulations or policies unless otherwise provided by SV in the Competition Information.

6.2 Competitors 11 years and under are not permitted (or allowed) to wear a technical/performance suit in SV hosted competitions. *Not eligible to compete at VSAC.*

6.3 Only one costume may be worn in competition.

1.6 MEDICAL CERTIFICATES & TAPING

All competitors, parents and coaches need to be aware that Swimming Victoria enforces the FINA Rule relating to Medical Taping:

SW 10.8 provides that any sort of tape on the body is subject to approval of the Sports Medicine Committee.

Swimming Victoria is implementing this rule in modified form in that we require a certificate from a medical professional (doctor, physio etc.) specifying why the taping is required.

The certificate must be presented to the Technical Director of the Meet BEFORE the swimmer wearing the taping begins competing at that meet. It need only be presented once for the duration of the meet.

The certificate must be dated and will be accepted by Swimming Victoria for 30 days from the date of issue. The certificate should state that the swimmer is fit to swim and that the taping does not provide any competitive advantage to the swimmer.

The Technical Director will check that a certificate is presented and further that the taping does not provide any advantage to the competitor.



1.7 MSAC

Entry into the competition is on the level 2 foyer via the outdoor pool entrance opposite the multi-level carpark or via the main entrance opposite Albert Park lake.

TRAVEL TO MSAC

Public transport and carpooling is encouraged for participants and spectators attending the competition.

PARKING

There will be no competition specific parking allocated in the MSAC Multi-Deck or Southern car park.

Paid parking is also available in the Lakeside car park which is located off Aughtie Drive. For information on parking at MSAC please visit the [MSAC Contact Us Page](#).

TOILETS/CHANGE ROOMS

Spectators

Public toilets are located at the back of the grandstand of both the indoor and outdoor pools. These toilets are **not to be used by athletes as changerooms**.

Athletes

Athlete toilets and change rooms are located on pool deck adjacent to the pool concourse area. Access is via the rear corridor. **Athletes must use these changerooms (not the public toilets upstairs) to change in and out of their swimwear.**

1.8 ANTI-DOPING

Swimming Victoria adheres to the [Swimming Australia Illicit Drug Policy](#). Swimming Australia has adopted and implemented an anti-doping policy and rules which conform to the rules established by the World Anti-Doping Authority (WADA), the International Olympic Committee (IOC), FINA and the Australian Sports Anti-Doping Authority (ASADA). An updated list is supplied every 12 months. For further information please visit the [Swimming Australia Anti-Doping Information Page](#).



1.9 SEATING PLAN

Each Association will have a designated section of seating. All swimmers, parents, Association staff and belongings must stay within this area. The Seating Plan when available can be viewed on the [Victorian School Associations Competition](#) webpage.

1.10 POOL DECK GUIDELINES

Swimming Victoria and asctaVIC conduct all meets in accordance with the [Pool Deck Code of Behaviour](#). These guidelines restrict unauthorised access to pool deck at all times throughout the meet. Only swimmers, Swimming Victoria staff, approved volunteers and Technical Officials will be given access to pool deck. No Association staff member (including coaches), parent (not volunteering at the time), spectator or other person will be permitted to be on pool deck at any time. Should a person be found on pool deck who is not permitted to be, they will be asked to leave immediately, and the matter will be reported to Technical Officials and Swimming Victoria staff. All coaches, support staff, officials and competitors are expected to adhere to these guidelines whilst on pool deck.

Coaches MUST display their current ASCTA Coaching Licence and Working with Children Check (WWCC) Cards at all times. Coaches will be asked to leave pool deck if they fail to display their cards.

1.11 TEAM MANAGERS

Each Association is to nominate no more than two Team Managers with whom Swimming Victoria can liaise on pool deck should the need arise. Team Managers must display a valid Working With Children Check at all times and will be supplied with a pass (also to be displayed at all times) which permits access to pool deck. Associations must provide details of each Team Manager using the link below **by 11:45pm on Monday 6th May**.

[Team Manager Application](#)